

### Healthy Parks, Healthy Communities ESRI Health GIS Conference October 9, 2007



# Trust for Public Land – est. 1972

## <u>Mission</u>

TPL conserves land for people to enjoy as parks, gardens, and other natural places, ensuring livable communities for generations to come.

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# 6 Regions, 40+ Offices, 400+ People



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## "Land for People" never more important

We lose 3 million acres to development ....one Connecticut... every year



Source: USDA Natural Resources Inventory (Revised 12/2000) .

# Healthy Parks, Healthy Communities: Working assumptions

- The lack of parks reduce opportunities for play, exercise and physical activity.
- Communities with high rates of poor health are the same communities that don't have appropriate access to parks
- To make changes, these health justice issues cannot be ignored.
- Linking these issues and raising funds (conservation finance) is one possible solution.

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# Current conditions present common dilemma for health, quality of life & park advocates







- Increasing rates of physical inactivity, overweight, & obesity
- Lack of community-level physical activity opportunities

- Record deficits for local & state governments
- Budget cuts for parks and recreation infrastructure

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# Research supports safe, accessible parks as an intervention to increase physical activity

- Low-income communities of color have reduced access to community-level physical activity settings (Powell, 2004; Gordon-Larsen, 2006)
- Teens reporting no access to safe parks are more likely not to engage in any physical activity compared to teens with such access (Babey, 2005 & 2006)
- Living close to a park is a critical determinant of park use and physical activity in low-income and minority communities (Rand, 2006)

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## Healthy Parks, Healthy Communities in Santa Ana, CA

- Local partner: Latino Health Access, a nonprofit which was created to assist with the multiple health needs of Latinos in Orange County
- Santa Ana is the 8th most densely populated place in the United States with 12,471.5 people per sq. mile
- Park acreage: Roughly one acre per every 1,120 residents (other large California cities have 7.9 acres per 1,000 residents)
- At 34%, has the highest rates of child overweight rates in CA
- Population: 76% Latino, 12% Non-Hispanic Whites, 8.8% Asian, 1.7% African American, 1.19% Native American and 0.34% Pacific Islander
- 19.8% of the population live below the poverty line (including 24.1% of those under the age of 18)

# Some barriers in the built environment that prevent physical activity - Santa Ana, CA



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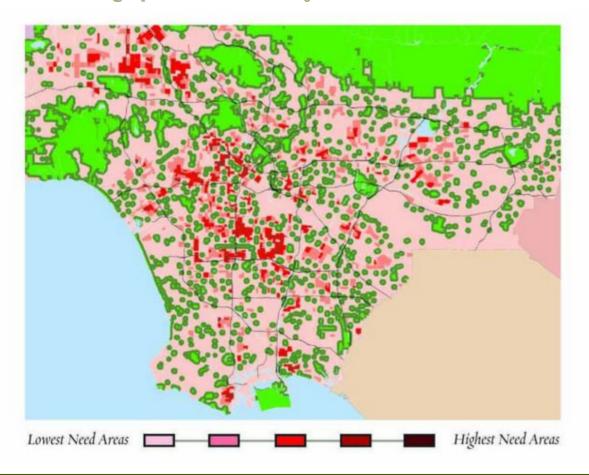
# Healthy Parks, Healthy Communities Case study: Latino Health Access, Santa Ana, CA

- Developed series of park equity maps
- Completed HPHC training
- Completed feasibility report
- Assist with public opinion poll
- Collaborate on potential campaign

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#### Park Needs Analysis Using GIS: A Tool to Increase

#### **Relevancy of Conservation for New Constituencies** TPL Geographic Information System Model



### TPL's Park Equity Model

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## **Park Inequities – A Working Definition**

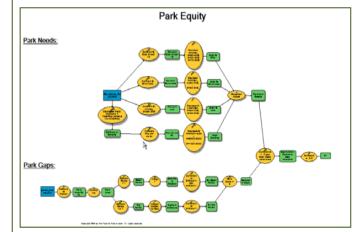
Disparate and inadequate access to safe and wellmaintained parks, playgrounds and related public amenities and services designed for a variety of recreation purposes

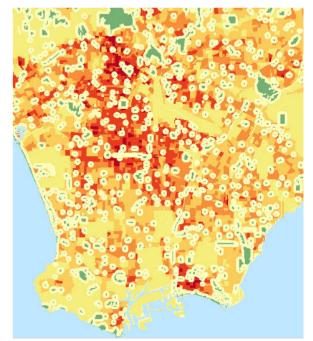
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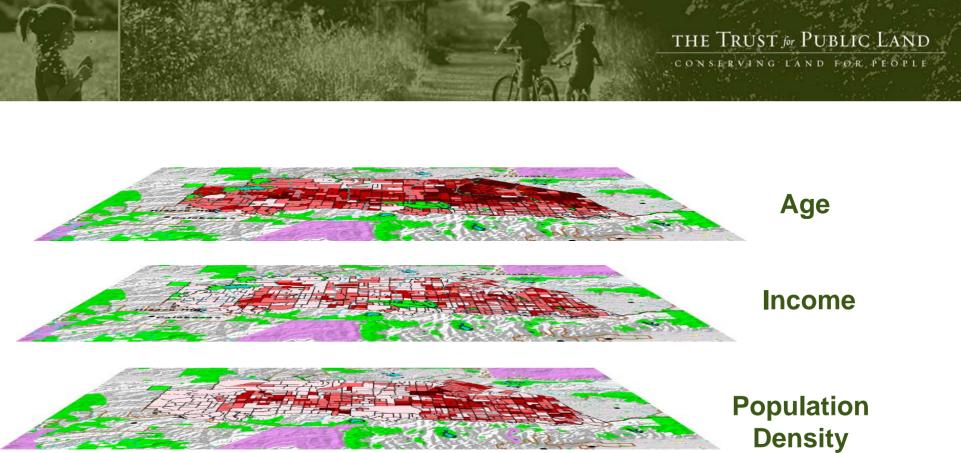
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#### The TPL Park Equity Model

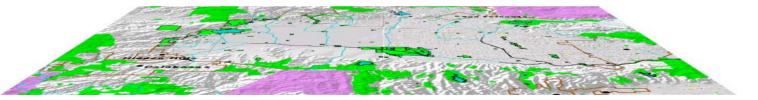
- Analyzes public access to existing parks and open space
- Evaluates park need using Census 2000 profiles
  - $\checkmark$  uses demographic variables such as
    - □ children
    - population density
    - minorities
    - □ low income
  - ✓ relative weights can be assigned to each variable to reflect local demographic priorities
- Identifies gaps in park availability
  - ✓ assigns a service/accessibility range to each park
  - $\checkmark$  service ranges can be based on
    - park type
    - park size
    - amenities
    - carrying capacity
  - ✓ areas outside of park service buffers are gaps











**Base Map** 

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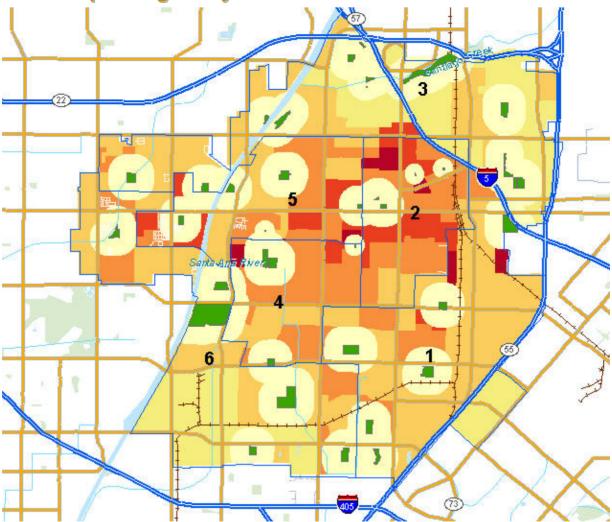
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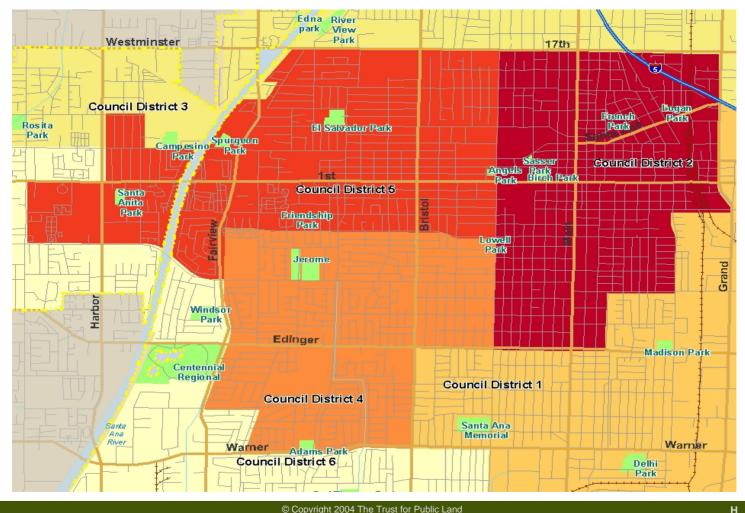
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#### **Park Equity – Santa Ana** Source: TPL Greenprinting Analysis Unit



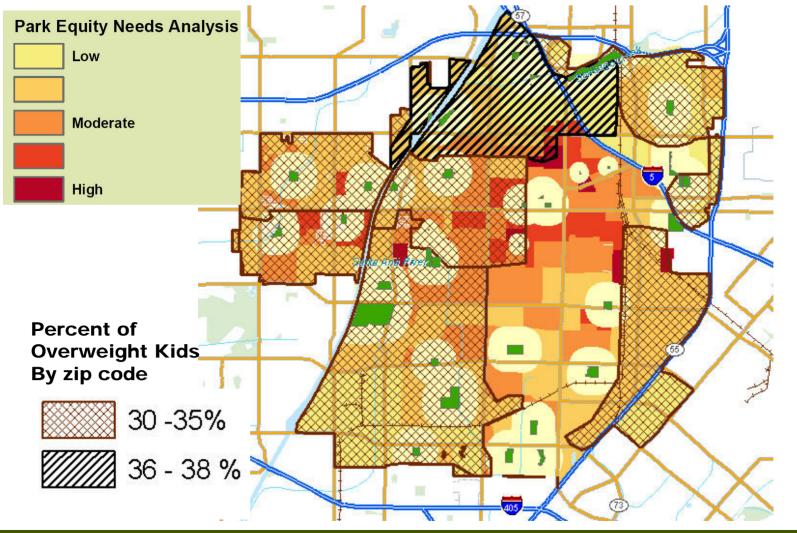
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#### Park Deficit Analysis by Zipcode – Santa Ana **Source: TPL Greenprinting Analysis Unit**



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#### Park Equity Analysis with Health Risk Layer – Santa Ana Source: TPL Greenprinting Analysis Unit



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### **Data Sources for Los Angeles and Santa Ana Analyses:**

### Park Equity and Park Deficit Analyses:

- Parks and Open Space Data: Thomas Bros. Maps (A Division of Rand McNally & Co.)
- Census data: Geolytics

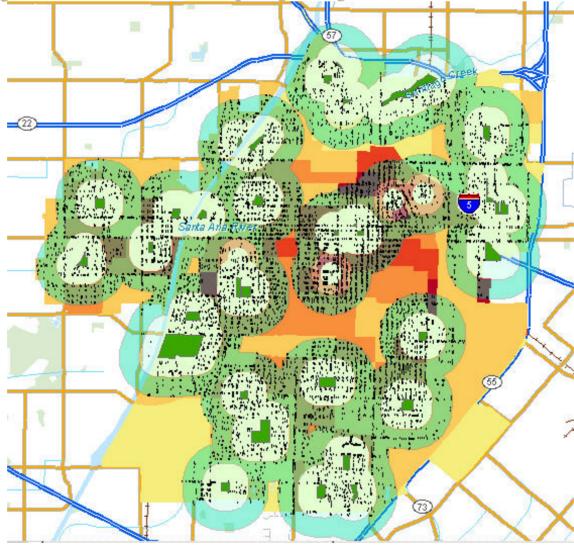
#### **Childhood Health-Related Analyses:**

 2005 California Department of Education Fitnessgram database

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#### **Crime Analysis with Park Equity Layer – Santa Ana**

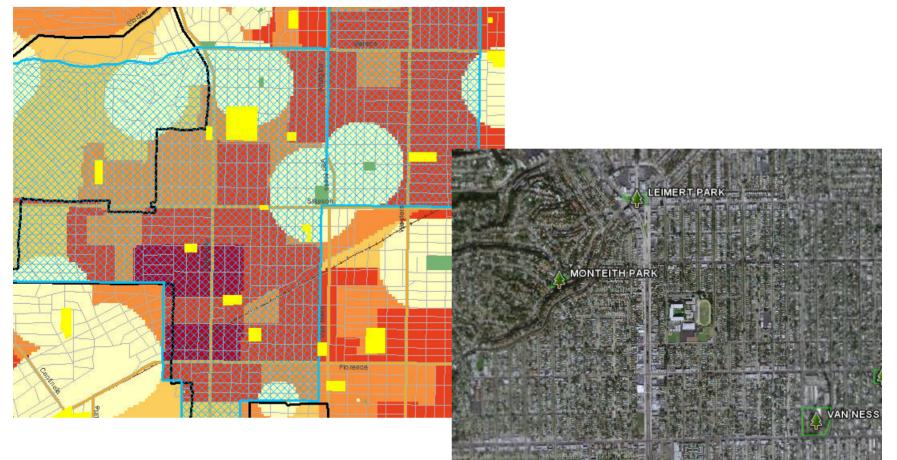


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#### Park Need Analysis with Health Risk Layer – Los Angeles Crenshaw High School



## **Summary**

- ✓TPL pilot program
- ✓Non-traditional partners land conservation, health and policy makers
- Awareness raising through trainings
- ✓GIS and conservation finance as tools

✓Common goal – increase access to open space, increase access to venues for physical activity, and reduce disparities in health

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# **Center for City Park Excellence**



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- Collect data on city park systems
- Undertake studies about park systems, individual parks and park issues
- Pull together meetings of experts to explore new urban park issues
- Write articles for external publications
- Maintain a major database and set of articles on the TPL webpage

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# **TPL's Conservation Services**

Conservation Vision Helping communities to develop implementation strategies for their parks and open space goals.

Conservation Finance Helping government partners and communities to create funding for parks and open space.

Conservation Transactions Helping government partners and communities to evaluate and purchase land.

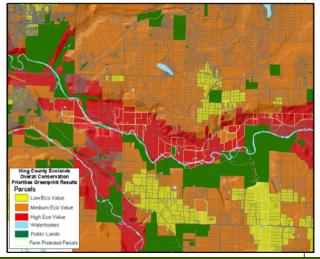
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Greenprinting is using Geographic Information Systems (GIS) to make informed, **strategic** decisions about land conservation priorities.

#### Greenprinting – For Proactive Conservation Planning:

- Incorporates a broad range of conservation goals
- Reflects unique community resources and priorities
- Utilizes "best available" data and science and utilizes existing datasets derived from studies and processes already completed or underway
- Identifies areas offering highest conservation benefit
- •TPL has completed over 40 Greenprints across the country
- Models developed using new software from ESRI (ArcGIS 9x ModelBuilder & Spatial Analyst)





## **Contact information**

On the Web at:

www.tpl.org/hphc

www.tpl.org/ccpe

www.tpl.org/cityparkfacts

www.tpl.org/greenprinting